

# Montse Valdés

Art Critics

**Sacred Meditations** March 2012

Ricard Mas, Art critic

"I try to paint the emotions, feelings, moods, soul, essence, the essential" says Montse Valdés in a revealing self-written manifesto. The aim is to portray people whose introspection makes them almost invisible, who "touch the energy or listen to the silence", who "walk blindly guided by their intuition, perceiving life internally and externally".

It is a beautiful metaphor for the pursuit of the artist's ideal in an era dominated by noise, interference, information overload and a relativity that brings uncertainty to the certain. Faced with cultural implosion, the only voice is introspection, the search for the truth that dwells at the heart of us all, and the critical conscience harshly purged from common places and inevitable automatism.

In this sense, Montse Valdés represents "sacred meditations", the soul in its most extreme state of concentration, metaphysical karma as an intimate and collective experience.

**Practique des Arts** n° 97, 2011

David Gauduchon

"The talent of this Spanish artist lives up to her commitment as an artist. Her career reads as an uncompromising mirror to a demanding and unique pictorial research that places human beings at the centre of its concerns. By opening the doors of her studio, Montse Valdés opens a poetic universe, built with humility, patience and work."

**El Periódico** December 2002

Josep M. Cadena, Art Critic

"Montse Valdés is loyal to the figurative. Her paintings carry the ultimate realism evocative of the classic. Whilst the concept of her men and women stems from classical Greece, they are people of today. Symbolically they portray what we are, not creating archetypes, but finding the reason to personally excel.

Montse Valdés has an excellent technical background, but does not take refuge in it. That would not in itself be objectionable, but its limitation would prevent her expressing to the extent she does now. Instead, she uses her knowledge to give the freedom for her representation of a figure, deep in thought and in harmony with others. I think Montse Valdés is an important artist."

**El Periódico** November 2000

Josep M. Cadena, Art critic

"Montse Valdés is a young painter who demonstrates strength and freshness in her art dialogue." She trained with Isidre Vilaseca and Artur Aldoma Puig. She then improved her painting and drawing in Paris. Having studied and learned her technique, she can now manifest her thoughts through the medium of her paintings."